The cycling participation rate by residents of Victoria may be marginally higher than the national average.

The survey suggests that 16.7% (95% CI: 14.5% - 19%) of Victorian residents ride a bicycle in a typical week. More than one third (35.8%, 95% CI: 33.1% - 38.5%) had done so in the past year. The trends suggest a decline in cycling participation in regional Victoria since 2011, and for Melbourne a slight decline in participation between 2011 and 2015 with a stabilisation thereafter.

These participation rates translate to approximately 1,015,800 residents riding in a typical week and 2,170,600 residents riding at least once in a typical year.

Males are significantly more likely to have ridden in the past week than females. The gender balance is more even in regional Victoria than in Melbourne.

The highest cycling participation rate (measured as those who had ridden in the past week) was among children aged under 10. The cycling participation rate remains fairly consistent among older children before declining precipitously among young adults. The cycling participation rate among adults aged 18 to 49 living in Melbourne seems to be somewhat higher than the Australian average.

Of the people who cycled in Victoria in the last month, 76% cycled for recreation and 34% used a bicycle for transport. These proportions do not appear to be significantly different to the national average.

Around 61% of Melbourne households and 53% of regional Victorian households have access to at least one working bicycle.