The cycling participation rate in South Australia (SA) is slightly below the Australian average.

The survey suggests that 14% (95% CI: 11.8% - 16.2%) of SA residents ride a bicycle in a typical week. Just under one third (30.9%, 95% CI: 28% - 33.8%) had done so in the past year.

These participation rates translate to approximately 239,200 residents riding in a typical week and 527,700 residents riding at least once in a typical year.

The cycling participation rate by residents of regional SA measured over the last week or month is significantly higher than that of Adelaide residents.

Males are significantly more likely to have ridden in the past week than females. The male and female cycling participation rates in regional SA are both significantly higher than the national average, while the lower Adelaide participation rate can be explained largely by lower male participation.

The highest cycling participation rate (measured as those who had ridden in the past week) was among children aged under 10. The higher regional participation rate is predominantly due to much higher levels of participation among children and young adults.

Of the people who cycled in the last month, 81% cycled for recreation and 30% used a bicycle for transport. These proportions are essentially identical between Adelaide and regional SA, and with the national average.

Half of households have access to a working bicycle.