966,900
people ride a bike in NSW each week

New South Wales Cycling Participation

The cycling participation rate in New South Wales (NSW) is lower than the Australian average.

The survey suggests that 12.5% (95% CI: 10.2% - 14.8%) of NSW residents ride a bicycle in a typical week. Slightly under one third (29.5%, 95% CI: 26.6% - 32.3%) had done so in the past year. The participation rate appears to have declined since 2015 in both Sydney and regional NSW.

These participation rates translate to approximately 966,900 residents riding in a typical week and 2,276,800 residents riding at least once in a typical year.

The cycling participation rate by residents of Sydney is markedly less than the national average, although cycling participation in regional NSW is most likely higher than the national average.

Males are significantly more likely to have ridden in the past week than females. The comparatively low participation rate in Sydney is attributable to both males and females.

The highest cycling participation rate (measured as those who had ridden in the past week) was among children aged under 10. The cycling participation rate among Sydney children aged 10 to 17 is much lower than in regional NSW and elsewhere in Australia.

Of the people who cycled in NSW in the last month, 88% cycled for recreation and 19% used a bicycle for transport. These proportions are similar to the national average.

Around 52% of households in NSW have access to at least one working bicycle.