The cycling participation rate in the Australian Capital Territory (ACT) is significantly greater than the Australian average.

The survey suggests that 26% (95% CI: 23.1% - 28.8%) of ACT residents ride a bicycle in a typical week. Around 46.5% (95% CI: 43.5% - 49.6%) had done so in the past year. The participation rate is significantly higher than in 2015.

These participation rates translate to approximately 103,000 residents riding in a typical week and 184,400 residents riding at least once in a typical year.

Participation in the last week was significantly higher for males (32%) than for females (20%). The difference in cycling participation between genders is not as great in the ACT as it is on average across Australia.

The highest cycling participation rate (measured as those who had ridden in the past week) was among children aged under 10. The participation rate drops somewhat among both genders as teenagers before markedly dropping among young adults. The male participation rate is higher among all age groups.

Of the people who cycled in the ACT in the last month, 69% cycled for recreation and 43% used a bicycle for transport. The proportion riding for transport is significantly higher than the national average, particularly due to high levels of riding to places of education.

Around two thirds of households in the ACT have access to at least one working bicycle, which is significantly higher than the national average.