The cycling participation rate in Victoria is slightly below the Australian average.

The survey suggests that 16.6% (95% CI: 14.6% - 18.6%) of residents ride a bicycle in a typical week. More than one third (35.9%, 95% CI: 33.5% - 38.4%) had done so in the past year.

Approximately 969,300 residents ride in a typical week and 2.1 million residents ride at least once in a typical year.

The cycling participation rate when measured over the past month and year appears to have declined steadily since 2011 in both Melbourne and regional Victoria. The participation rate measured over the past week has declined between 2011 and 2013 but remained steady between 2013 and 2015.

The cycling participation rate is much greater for males than females, with 22% of males riding in a typical week compared to 11% of females.

Cycling participation rates are much higher among children than adults, with a steep decrease occurring from teenage years to early adulthood, particularly for males.

Most Victorians that had ridden in the past month had done so for recreation or exercise (85%) while fewer had done so for transport (27%). The preference for recreational cycling was strongest in Melbourne, where 88% of riders had cycled for recreation and 21% had cycled for transport.

57% of Victorian households have access to a bicycle, with little difference between regional and metropolitan households.