The cycling participation rate in South Australia is slightly below the Australian average.

The survey suggests that 16.6% (95% CI: 14.4% - 18.8%) of South Australian residents ride a bicycle in a typical week. Around a third (33%, 95% CI: 30.4% - 35.5%) had done so in the past year.

These participation rates translate to approximately 279,900 residents riding in a typical week and 555,700 residents riding at least once in a typical year.

The cycling participation rate by residents of regional South Australia are higher than among Adelaide residents, particularly when measured over the past week or month.

Participation in the last week was significantly higher for males (19%) than for females (14%). The cycling participation rate is higher among both males and females in regional South Australia in comparison to Adelaide.

The highest cycling participation rate (measured as those who had ridden in the past week) was among children aged under 10 (53%). The participation rate decreases significantly among older children, and particularly into young adulthood. The cycling participation rate among adults aged 30 to 49 years is significantly greater in regional South Australia than in Adelaide.

Of the people who cycled in the last month, 88% of South Australian residents cycled for recreation and 25% used a bicycle for transport.

Around 51% of Adelaide households and 57% of regional South Australian households have access to at least one working bicycle.