The cycling participation rate in both Darwin and regional NT is significantly greater than the Australian average.

The survey suggests that 24.1% (95% CI: 21.4% - 26.7%) of NT residents ride a bicycle in a typical week. Almost half (46.1%, 95% CI: 43.2% - 49%) had done so in the past year. The cycling participation rate appears to have remained fairly stable since 2011.

These participation rates translate to around 59,000 residents riding in a typical week and 113,000 residents riding at least once in a typical year.

Participation in the last week was significantly higher for males (28%) than for females (20%). Participation rates for both males and females was higher in regional NT than in Darwin.

The highest cycling participation rate (measured as those who had ridden in the past week) was among children. The cycling participation rate remains remarkably stable from young children (under 10) to older children (aged 10-17). This is in contrast to the national average, where participation is significantly lower among older children.

Of the people who cycled in the last month, 74% cycled for recreation and 44% used a bicycle for transport. The proportions riding for recreation are lower than the national average, while the proportions riding for transport are higher than the national average.

Around 65% of Darwin households and 72% of regional NT households have at least one working bicycle. These results are significantly higher than the Australian average.