The cycling participation rate in the Australian Capital Territory is significantly greater than the Australian average.

The survey suggests that 21.2% (95% CI: 18.7% - 23.6%) of ACT residents ride a bicycle in a typical week. Around 44.1% (95% CI: 41.2% - 47%) had done so in the past year. These are all statistically significant decreases since 2013.

These participation rates translate to around 81,700 residents riding in a typical week and 170,200 residents riding in a typical year.

Participation in the last week was significantly higher for males (28%) than for females (15%). The male participation rate is much higher than the national rate, while female participation is marginally higher than the national average.

The highest cycling participation rates (measured as those who had ridden in the past week) were found among children under 18. However, participation among children under 10 is below the national average. Adult participation rates are significantly higher than the national average.

The decline in cycling participation between 2013 and 2015 is attributed to a precipitous decline in cycling participation among females aged 0-9 years, and a smaller (and statistically insignificant) decline among males under 18 years.

Of the people who cycled in the last month, 72% cycled for recreation and 52% used a bicycle for transport. The proportion riding for recreation is less than the national average, while the proportion riding for transport is well above the national average.

Around 65% of households in the ACT have access to at least one working bicycle.