Unit 6: Network Performance Monitoring and Management

Module 6-2

# **Traffic Congestion and Management**

Austroads

Traffic Management Training Module



## Today's presenter



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## Outline of this Module



- Types of Traffic Congestion
- Factors causing Traffic Congestion
- Management Strategies to ease Traffic Congestion

## **Types of Traffic Congestion**



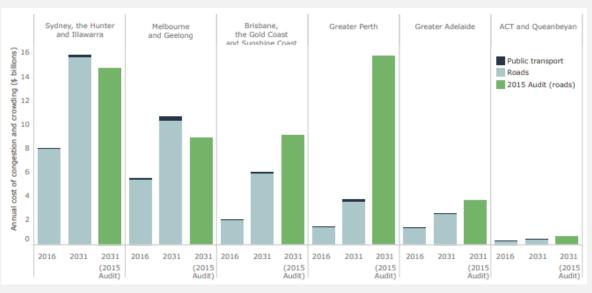
## **Traffic Congestion**



- Saturated/Over-saturated traffic conditions (i.e. Volume/Capacity → 1)
- Characterised by forced flow of vehicles
- Cost of congestion in Australia: \$16.5 billion in 2015

Two Types (based on periodicity):

- 1. Recurring
- 2. Non-recurring



# **Recurring Traffic Congestion**



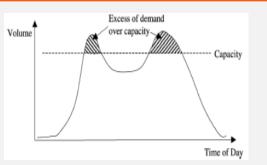
- Occurs periodically (e.g. daily basis)
- Quite prevalent in a road network
- Accounts for 70 80% of the total delay (Skabardonis et al., 2008)
- Delays caused due to excessive demand (i.e. Volume/Capacity → 1)
- Probe vehicles used to measure delays
- Easy to model/forecast

# **Recurring Traffic Congestion**



#### Causes:

1. Fluctuations in demand



Source: Stopher (2004)

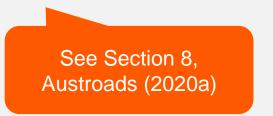


Source: Compass (2012)



Source: Compass (2012)

- 2. Presence of bottlenecks in road
  - Merges and diverges
  - Lane reduction
- 3. Presence of heavy vehicles

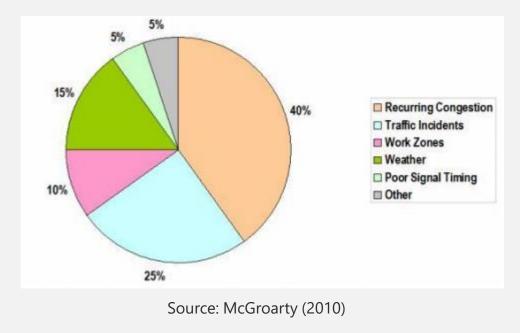




Source: The Economist (2018)



- Unexpected yet common, inefficient and dangerous (McGroarty, 2010)
- Accounts for 20 30% of the total delay (Skabardonis et al., 2008)
- Challenging to predict (Ferri, 2014)



# Non-recurring Traffic Congestion

#### **Causes:**

- 1. Crashes or incidents
- 2. Roadworks
- 3. Inclement weather
- 4. Special events





Source: Age Fotostock (2020)



Source: SnapComms (2020)



Source: Google



Source: RACQ (2019)





#### 1. Which of the following is not true about non-recurring traffic congestion?

- A. Caused due to bad weather
- C. Cause discomfort

- B. Difficult to forecast
- D. None of these

Answer:

Option D is correct!

All other options are true for non-recurring congestion.

### **Traffic Management Strategies**





**Aim:** Strategies to regulate the volume and movement of traffic in a road network to counter the factors triggering traffic congestion

#### **Some Strategies:**

- Increasing road capacity
- Managing traffic demand
- Efficient traffic movement

# **Increasing Road Capacity**



**Aim:** To increase roadway capacity in order to accommodate an increased demand

#### Ways:

- Adding new capacity
  - Augmenting lanes on a road (i.e. Build more)
  - Expensive or infeasible in over-crowded areas
- Efficiently use existing capacity
  - Road space allocation



Source: Age Fotostock (2020)



The ultimate aim in the management of a road network or individual road length is to achieve a balance in the competing needs of road user groups. (Austroads, 2020b)

- Involves:
  - Permanent allocation: e.g. medians, pedestrian refuge islands
  - Temporary allocation: e.g. lane reversals
  - Priority basis: e.g. pedestrian crossings, bus lanes
- Appropriate allocation depends on road environment, safety and efficiency

# **Road Space Allocation**



- 1. High Occupancy Vehicle (HOV) lanes:
- T2 or T3 lanes
  - Bus, taxis, cars carrying required number of passengers
- Eco-friendly lane: For EV, Hybrid cars

#### 2. Bus and Tram lanes:

- Dedicated lane for bus/tram movement
- Other vehicles can use for 100m if necessary to drive in this lane
- Busways: Dedicated bus-only corridor





# **Road Space Allocation**



### 3. Bicyclists:

- *Bike lane*: Shared with other users, e.g. pedestrians
- Bike-only lane: Dedicated lane

### 4. Pedestrians:

- *Paths:* e.g. footpaths, pedestrianised streets
- Crossings: e.g. signalised, unsignalised









Source: Austroads (2020b)

# Managing Traffic Demand



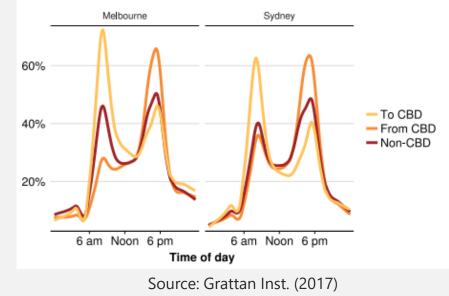
Aim: Reduce or regulate traffic demand in a network for smoother operations

• Tremendous load during peak periods

### Ways:

- Peak spreading
- Traffic diversion
- Shift towards mass transit

Figure 4.1: Melbourne's CBD commuters face higher delays than Sydney's Increase in travel time relative to free-flow



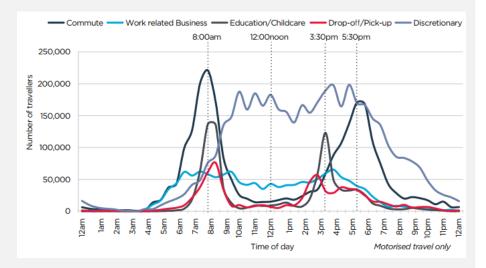


#### **Peak spreading:**

- Extending peak periods beyond 7 9 (AM peak) and 4 7 (PM peak)
- Early start of peaks to reduce excessive congestion

### Ways:

- Lower off-peak fares for public transport.
  E.g. Train/Metro fares in Sydney
- Separating school zone time from peak periods



Source: TfNSW (2014)

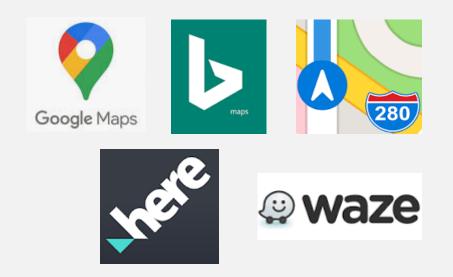


### Traffic Diversion:

- Diverting excess demand to adjoining streets to avoid bottlenecks
- Requires proper planning and modelling
- Used in special events, work zones, etc.

### Ways:

- Variable Message Signs (VMS)
- Route Planners



# Managing Traffic Demand

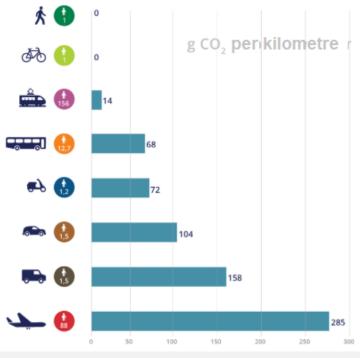
#### **Shift Towards Mass Transit:**

- Higher average occupancy than cars (thus, less traffic)
- More equitable and eco-friendly (thus, sustainable)

#### Ways:

- Integrated public transit
- Better accessibility





Source: TfNSW (2014)



## Time to Reflect



- 2. Select the odd one out:
- A. Introducing toll roads
- C. Peak/off-peak fares

B. Work zone for construction

D. Introducing bus lanes

#### Answer:

Option B is correct!

The other three options are demand management strategies.

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## Thank you for participating

